



OM-3

—
QUICK START GUIDE



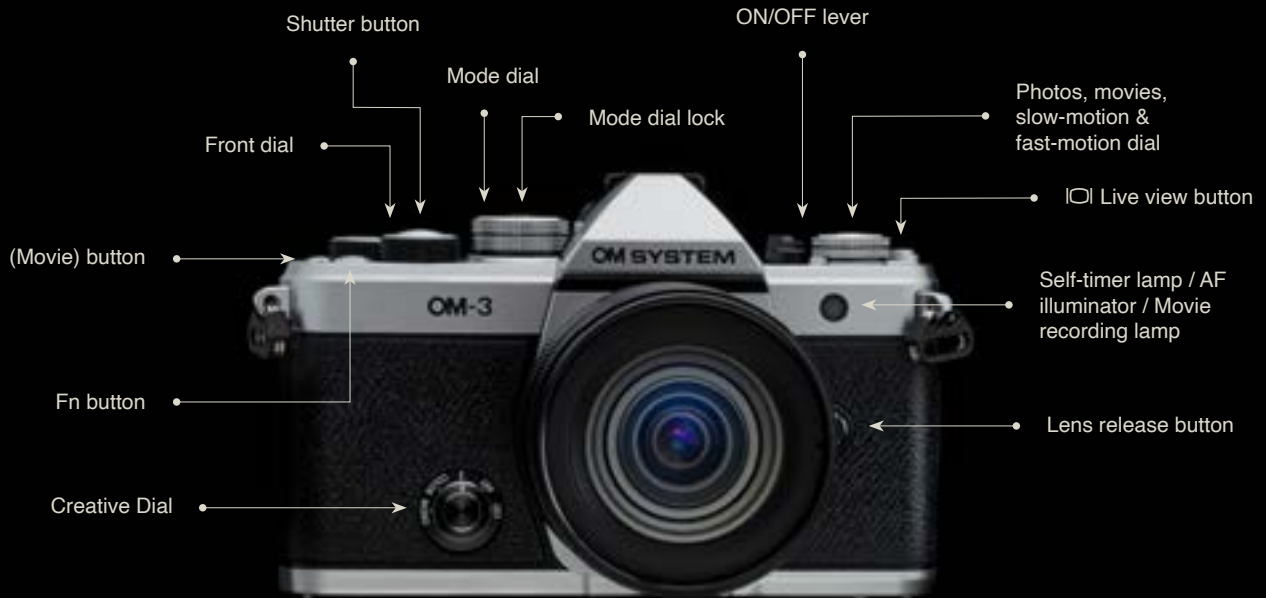
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Preface

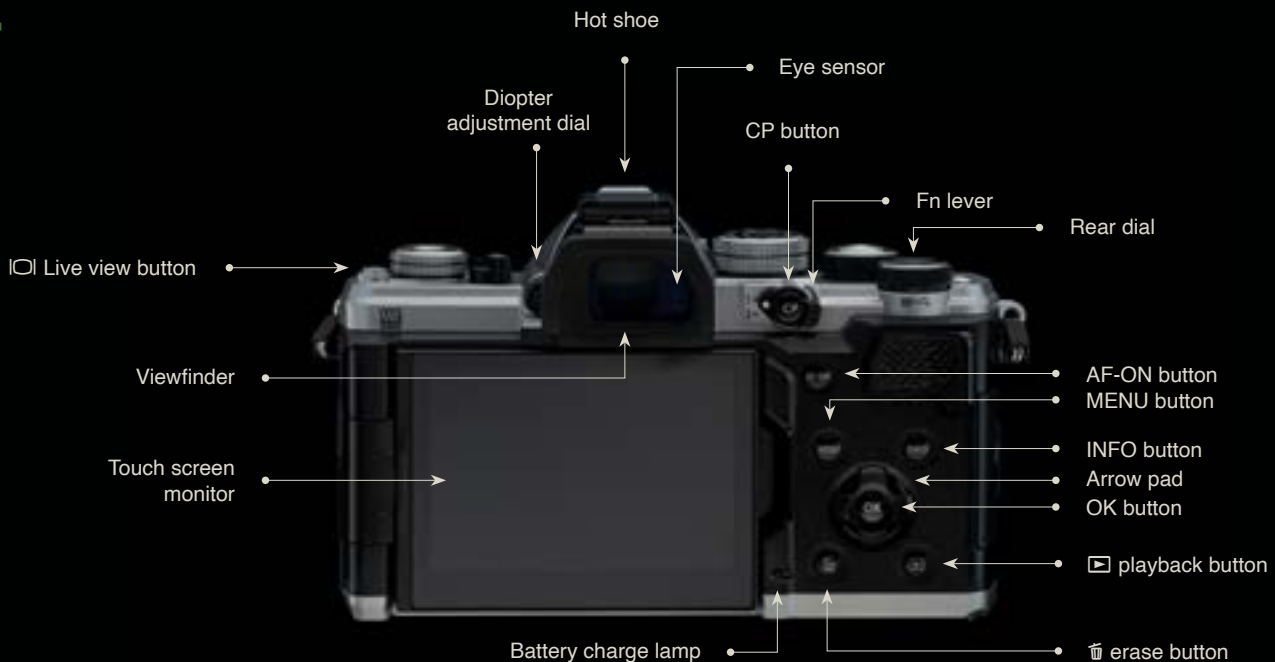
This Quick Guide provides a quick introductory overview of the OM-3. For detailed information and instruction on using your OM SYSTEM equipment, please see the respective user manuals, which can be found on the support pages of the OM SYSTEM Website. To accompany your adventures in photography, OM SYSTEM has created several access points with a great mix of technical, community, and educational content - all for free.

<https://explore.omsystem.com>
<https://learnandsupport.getolympus.com/> - Learning Center (US)
<https://www.youtube.com/@OMSystemCameras>

Front Side

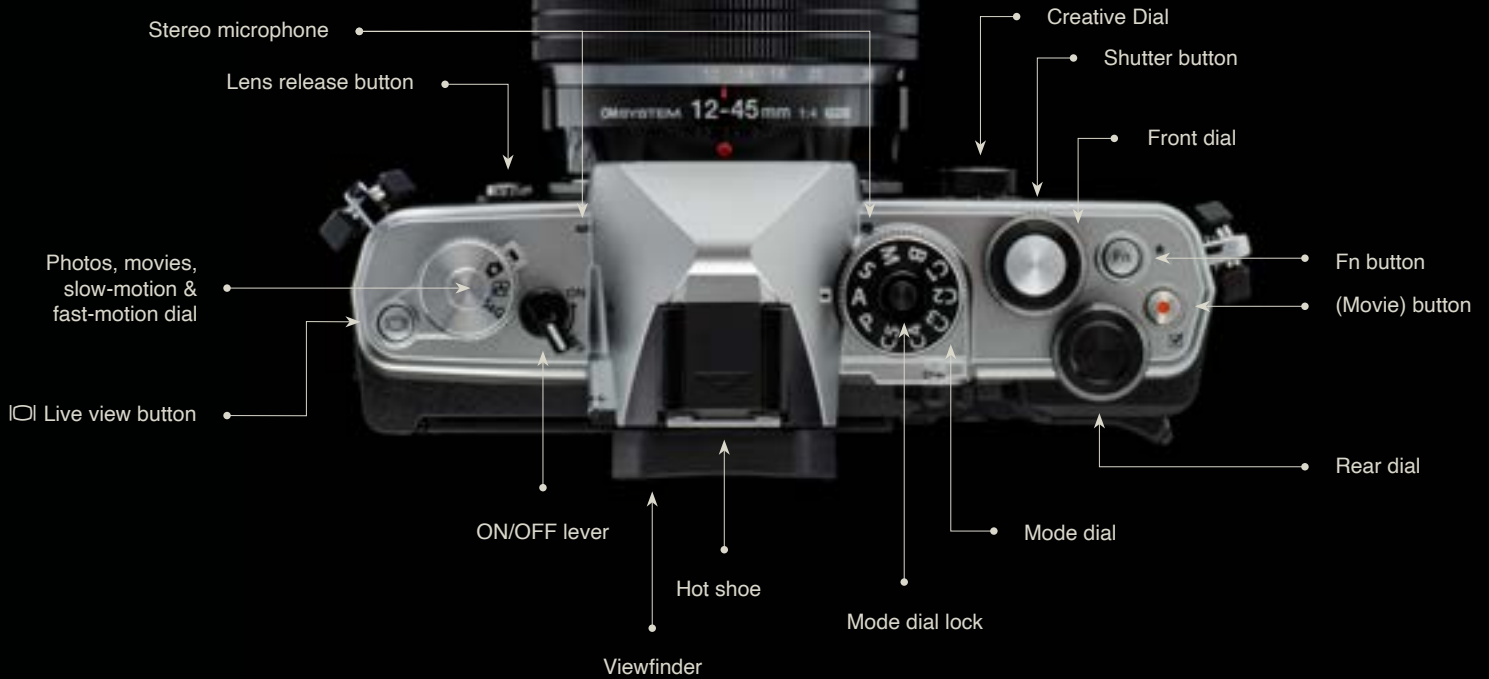


Back Side

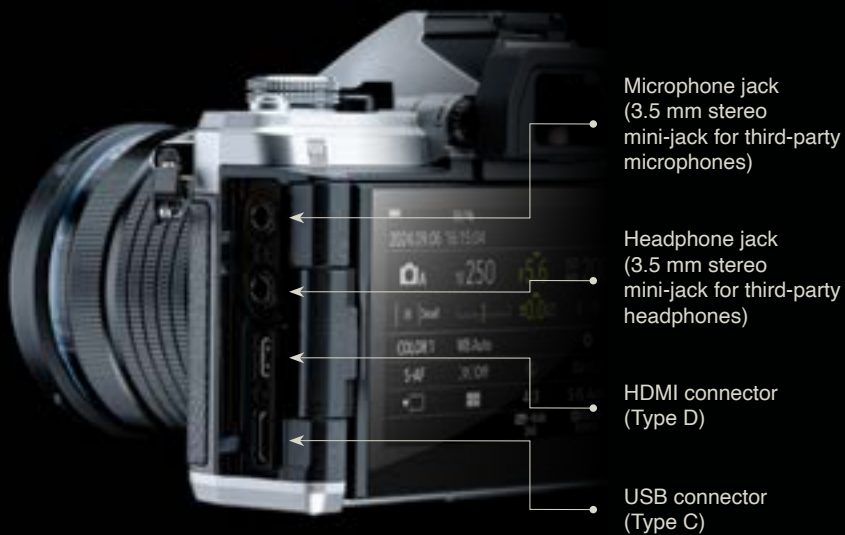




Top Side



Left Side



Right Side





Heritage & Portability

The form and function of the OM-3 are a testament to our innovative legacy. Inspired by its iconic predecessor, the Film OM-1, it seamlessly blends our heritage with modern engineering, featuring a metal body and weather-sealing to truly untether yourself from everyday life and embrace new adventures.



Weathersealed

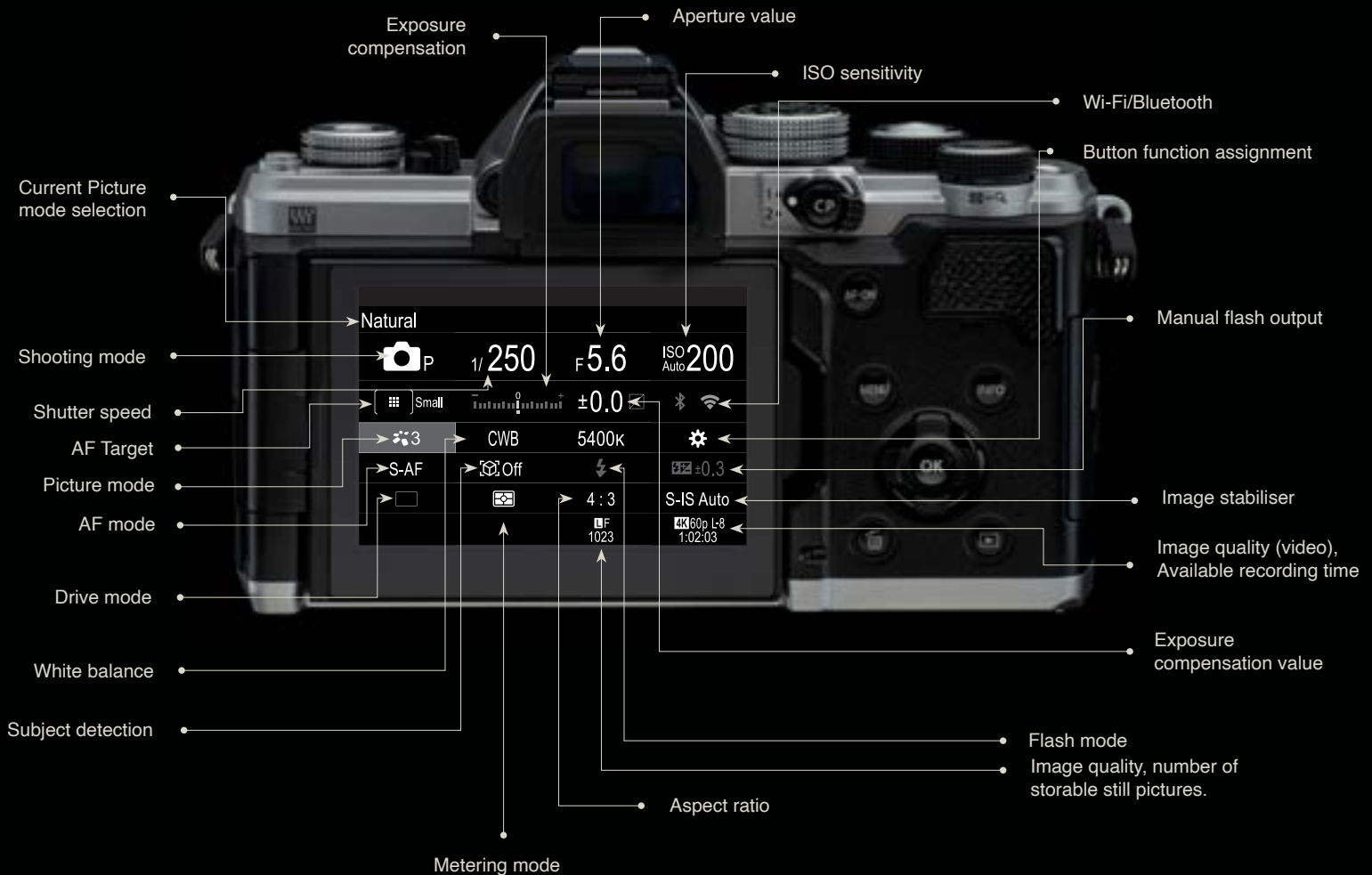
IP53

IP53 certified for reliability in any weather—perfect for both urban adventures and nature explorations. OM-3's internal seals, reinforced with rubber gaskets, ensure reliable protection against the nature's elements.



Super Control Panel Photo

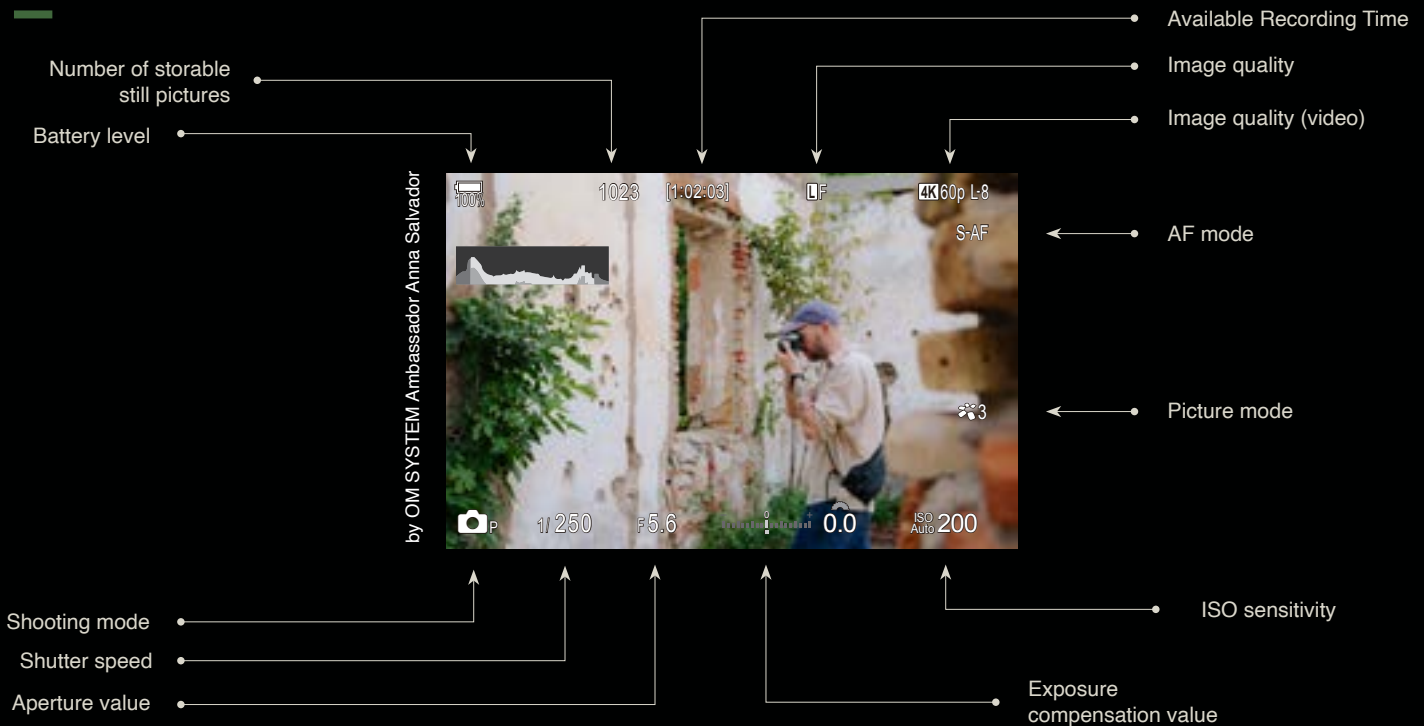
All shooting options can be accessed via the Super Control Panel (SCP). It enables a quick and comfortable way to get an overview of all settings and an easy way to adjust them. You activate the SCP as an overlay by pressing the OK button. If you shoot with the viewfinder, you can display the SCP by pressing the Live View Button. That allows you to take control over all your camera settings. The touchscreen makes the operation easy, quick, and comfortable.



Super Control Panel Video



Viewfinder Interface Navigation



The mode dial is the main control of your camera and defines in which shooting mode you are working. Here you can decide how your camera should work and support your shooting style. Decide whether you would like to work in fully automatic mode or completely manual.



P/A/S/M/B

P Mode

Use the P mode when you would like to let the camera decide on aperture and exposure time. However, you have always the option to override the settings.



by OM SYSTEM Ambassador Anna Salvador

A Mode

Use A mode when you would like to control the aperture and the depth of field in the image. You don't have to worry about the shutter speed as the camera is choosing the one fitting to your aperture.



by OM SYSTEM Ambassador Anna Salvador

S Mode

Use S mode to control the shutter speed when you need to freeze the action of fast moving subjects or slow down the exposure for creative results. The camera will take care of setting the aperture when using this mode.



by OM SYSTEM Ambassador Art Lefo

M Mode

For total control choose the M Mode. In this mode you select shutter speed and aperture as you want. The OM-3 shows in the viewfinder and/or monitor how the exposure in the final image will look, allowing you to control the result before taking the image



B Mode

The B Mode gives a quick and easy access to the “Live Modes”:The camera shows you how the images develops and you can stop exposure as soon as it is well exposed.

“Live Bulb” keeps the shutter open while the shutter release button is pressed.

“Live Time” opens the shutter on the first push and closes it on the second push of the shutter release button.

“Live Composite” only adds composites of the sections with changes in brightness.



by OM SYSTEM Ambassador Jimmy Cheng



Creative Features

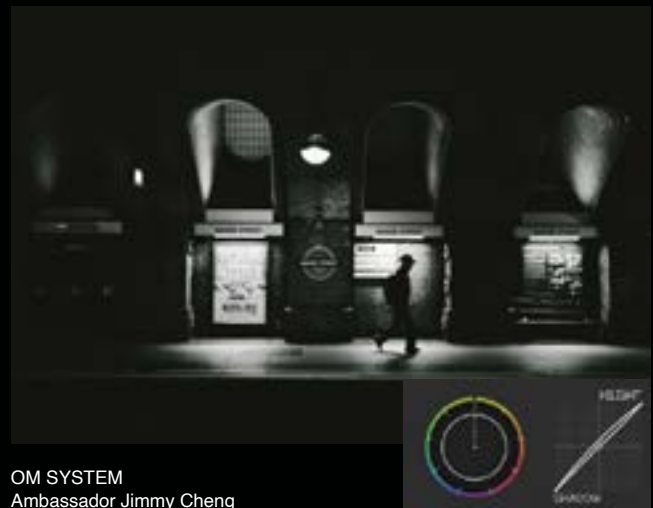
Creative Dial

Creative Dial is your gateway to creative photography. With Colour and Mono modes, you can choose from eight distinct, film-like profiles to match your vision. The Colour Creator mode allows you to craft unique monochromatic looks and fine-tune colours to suit your exact preferences. Art Mode brings all the art filters into easy access.

Colour profiles



Monochrome Profiles



Computational Photography Button

Computational features are at the heart of making complex photography techniques easier and achievable like never before. The OM-3 introduces a new way to enable making computational photography the centre of your creative with the new 'CP' button. With just a single press, you can seamlessly access multiple advanced computational photography features, such as High Res Shot, Live ND, Live GND, Focus Stacking, HDR and Multiple Exposure, simplifying the creative process.





Computational Features

High Res Shot

The High Res Shot mode lets you capture stunning details either in 80MP or 50MP modes and now, you can capture high res shots in 14-bit RAW with three times the tones.



Live ND

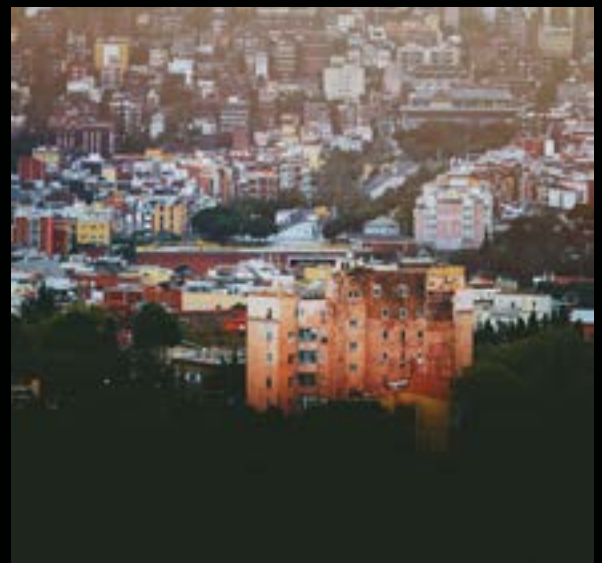
Make the most of moving subjects by changing how you see motion with LiveND. With up to ND64, you can transform what seems like a seemingly mundane moment into a magical one — even with the widest of lenses.



by OM SYSTEM Ambassador Matt Sues

Live GND

Introducing the new LiveGND, our Graduated Neutral Density filter for creative freedom to position the graduation precisely as you like. Available in GND 2, 4 and 8.



by OM SYSTEM Ambassador Carl Johansson

Focus Stacking

Get as close as you want without having to stop down your aperture to keep everything sharp. Choose how deep you want the focus to be and let the camera do the work of combining the images. Whether you're doing extreme macro or low light landscapes, this feature allows you to maximize your depth of field without resorting to higher ISOs or F-values.



by OM SYSTEM Ambassador Emilie Talpin

HDR

The camera varies exposure over a series of shots, selects from each tone range with the highest level of detail, and combines them to create a single picture with a wide dynamic range. If the photo features a high-contrast subject, details that would otherwise be lost in shadows or highlights will be preserved.



by OM SYSTEM Ambassador Anna Salvador

Multiple Exposure

The Multiple Exposure feature allows you to capture two shots and seamlessly combine them into a single image. This creative function enables artistic expression by overlapping images, with the added benefit of Live View, letting you preview the composition in real time.



by OM SYSTEM Ambassador Anna Salvador



Live Composite

The Live Composite mode takes a series of continuous photos with the same exposure time, and then combines them into a single shot — making star trail photography and light painting easy without the fear of over exposure.



by OM SYSTEM Ambassador Matt Sues

Starry Sky AF

No more guesswork or complicated manual focusing when capturing the night sky. Starry Sky AF makes astrophotography accessible through a dedicated night sky auto-focusing mode. Combine it with other computational photography features like Live Composite and a galaxy of possibilities is just a click away!



by OM SYSTEM Ambassador Matt Sues

Pro Capture

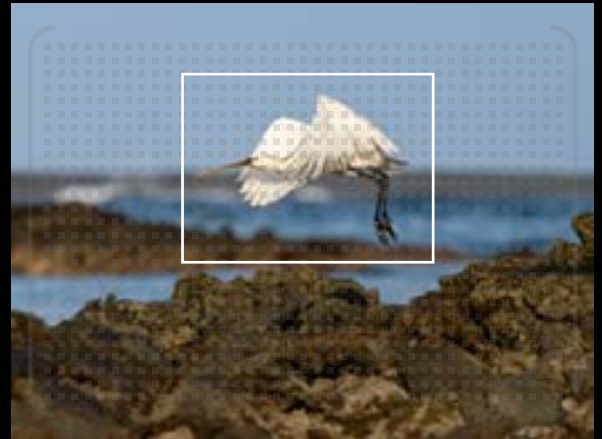
Capturing action that lasts a fraction of a second is nearly impossible. But not with our Pro Capture Mode. When you press the shutter button down halfway, it begins buffering a running series of photos up to 120fps. When you see the moment you want, fully press the shutter and the camera saves that moment plus the buffered shots. Never miss a shot again because of a slow reaction.



AI Detection AF

The improved algorithm is developed by using deep learning technology – a kind of artificial intelligence. It detects specific subjects and focuses on and tracks the optimal points.

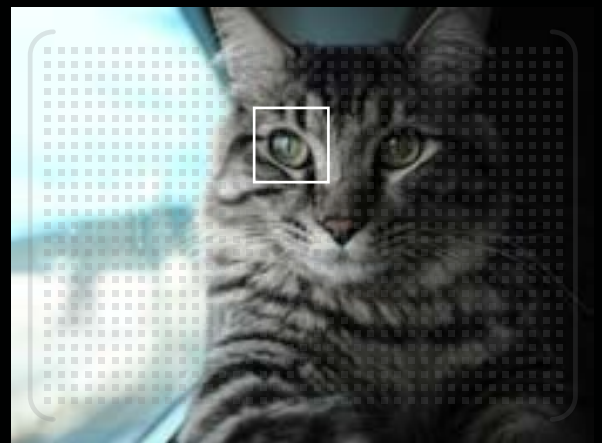
The TruePic X Image Processors make real-time processing possible during sequential shooting. The camera can quickly track subjects that move unpredictably. You can either use C-AF or S-AF mode.



AF menu > 2. AF > Subject Detection

1053 point all Cross Quad Pixel AF

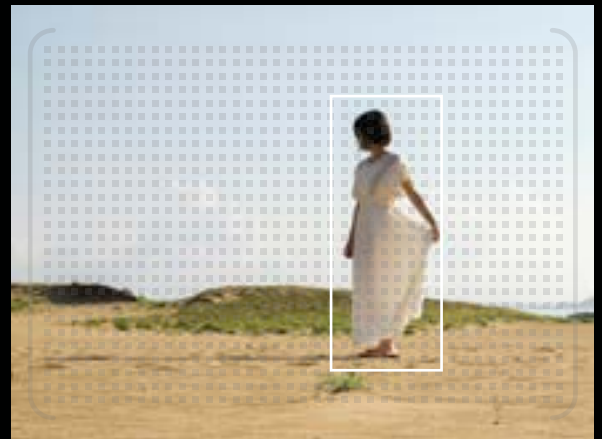
The more autofocus tracking points, the better. That's why the OM-3 has 1,053 point all Cross Quad Pixel AF for high-precision focusing. Every point is cross-type, enabling detection of vertical and horizontal lines for unmatched accuracy. It covers 100% of the image area and gives you more freedom to decide where to focus. It's advanced autofocus technology that ensures you'll capture it all, anytime, anywhere.



Full Customizable AF

AF customization makes it possible to individually set the AF target and AF area position for vertical and horizontal shooting. AF areas can be defined and placed anywhere to deal with subject movement.

Shift your AF areas quickly and easily with the multi selector while looking through the viewfinder even during sequential shooting or video recording.



AF menu > 5. AF Target Settings & Operations > AF Target Mode Settings



M.Zuiko Lens Lineup

Designed for professional photographers and enthusiasts alike, M.Zuiko lenses were born from a commitment to image quality and precision. Compact, lightweight construction ensures superior results while helping you enjoy your photography more.



More information about our lenses and accessories can be found on our website:

<https://explore.omsystem.com> - Shop OM SYSTEM

<https://explore.omsystem.com/lenses> - Shop OM SYSTEM Lenses

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The data herein is as of April 2025.

